

Vision

Orewa College will provide a wide range of sporting activities for students to participate at a level to suit individual ability. Elite performers will have every opportunity to excel and achieve their potential.

The Sports Academy at Orewa College is designed to assist with the development of young athletes throughout their duration at Orewa College. The Academy strives to develop the talent of young students, placing them in an environment where students are challenged both physically and mentally; developing student athletes with great potential to develop young leaders who can succeed in all aspects of sport and academia.

Students in Year 9 and 10 are eligible to apply for the Sports Academy. Students learn a broad range of topics in which they are educated and prepared for NCEA standards, providing students with the skills to effectively produce work at an "Excellence" standard once they enter Level 1.

Subjects / Assessments for Year 9 and 10:

Term 1:

- Year 9 – Duathlon and Teamwork
- Year 10 – Duathlon and Teaching (Session Design and Implementation)

Term 2:

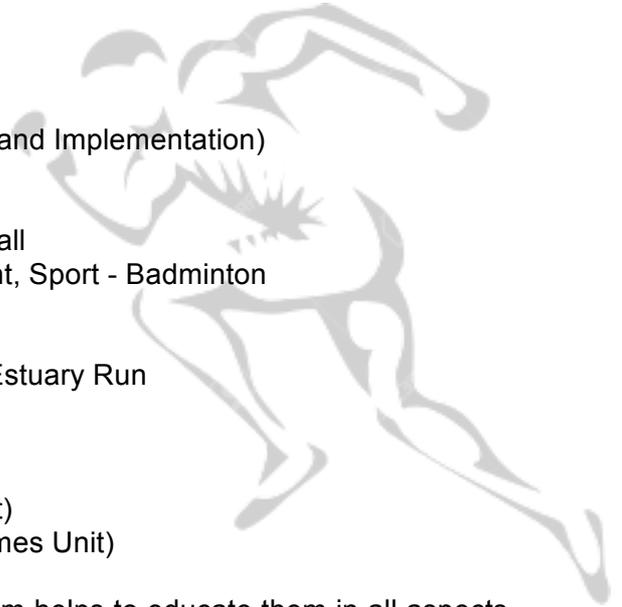
- Year 9 – Multi-sport and Volleyball / Hockey / Football
- Year 10 – Multi-sport and Sporting Issues Assignment, Sport - Badminton

Term 3:

- Year 9 – Coaching Sports, Drugs and Alcohol and Estuary Run
- Year 10 – Anatomy Assessment and Estuary Run

Term 4:

- Year 9 – Aerobic Fitness and Anatomy (Games Unit)
- Year 10 – Aerobic Fitness and Beach Volleyball (Games Unit)



As student athletes enter senior school, the school curriculum helps to educate them in all aspects of sport and athlete development. Students within the Sports Academy are taught how they can practically apply knowledge into their own sporting development.

In Years 12 and 13, student athletes enter into the Senior Sports Performance Programme where assessments are more focused on developing a student athlete's individual performance, enabling student athletes to identify their potential and guiding them so they can successfully perform at this level, once they have graduated from Orewa College.

Subjects / items covered in the Senior Sports Performance Programme:

We are looking for:

- Representative players at a Regional and National level.
- Gifted athletes who are yet to discover their full potential.
- Students with a good sporting attitude and leadership qualities with the potential of developing into student athletes.

Here at the Sports Academy we take pride in our programme and strive to be the top academy in the North Harbour Region. The Sports Academy aims to develop a strong sporting culture throughout Orewa College, where student athletes can encourage and promote sport, developing an environment where student athletes understand the importance of working hard to perform and be successful.

The Sports Academy aims to develop student athletes who can excel in multiple environments (individually, in groups and in the classroom), exposing them to different situations where they are forced to problem solve, either individually or in a team/classroom setting. Challenging them to think and perform under pressure.

The Sports Academy aims to develop student athletes' abilities, where they become physically and mentally stronger, improve confidence and overall knowledge, both on the sports field and in the classroom. Student athletes will understand how they operate, developing an understanding of their own physicality and the best methods to keep improving. Student athletes will develop the skills to become great leaders and can incorporate necessary skills back into their sports, achieve their goals, develop their sporting abilities and evolve into young sporting ambassadors.

The Application Process:

Year 9:

Students who are interested in becoming a student athlete are encouraged to apply with their CV and then are invited to attend an open testing day, where they complete a general fitness test to evaluate their overall athletic ability.

Year 10:

Students apply via CV. Selections are also based on references from their previous Physical Education teacher's observations on the sports field and in the classroom.

Senior Sports Performance Application Criteria:

Please note: In order for student athletes to remain part of the Sports Academy, they must be playing at least one sport for Orewa College.

Athletes that have come through the sports academy...

Shaun Johnson

"During my time at Orewa College, I went through the Sports Academy in Years 9 and 10 and then Senior Sports Performance class in Years 12 and 13. The Sports Academy was hugely valuable for me. It put me into a very competitive environment where I was competing daily with my classmates in order to improve and better myself. We were challenged both physically and mentally to get better, and it provided me with the platform to excel as an athlete and a person. I was offered all the support I needed from my teachers, who are themselves very passionate about sport and ensure that we have every opportunity to develop our love for sport. In the senior school, I took Senior Sports Performance. This class was focussed more on the athlete as an individual and I used this as an opportunity to seek advice from my teacher, Mr Ashton, and have him push me to achieve what he felt I was capable of. I was lucky that there were some awesome athletes in the class at the time and we pushed and challenged each other daily, to help each other achieve the goals that we had set ourselves for that year."

"Overall, I loved my time in the Academy. I found it great as a young student and feel it gave me a great start in pursuing sport as a future career."

Matt Bloxham

"My time in the Sports Academy Programme was very beneficial. It gave me a chance at a young age, not only to learn how to be a great team leader, but also to be a great team player and to work together with other classmates to do the best we can through all the activities and camps that we went on. We also learnt how to improve and work on our athletic ability as an individual, specific to our sport and goals. This teaches us how to be independent and gives us more knowledge on how we should be doing things and training to help us reach our goals. Having great coaches and mentors like Sports Academy does is very beneficial for anyone trying to improve in their sport or get closer to their goals. Sports Academy taught me many skills: leadership, teamwork, more knowledge for my own training, and to have fun doing it! These are all skills that I use every day to make myself and my training better."

To contact our team:

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